

Carman-Ainsworth Blue Brigade

Marching Band

2014-2015

CARMAN AINSWORTH



BLUE BRIGADE

Student Information

Hand Book

As we enter another season of competitive marching band, it is important that everyone (students, families, staff, etc.) is all on the same page throughout the season. This informational handbook is designed to help guide you through the 2014 *Blue Brigade* Marching season. All students are responsible for knowing and understanding the information provided in the handbook ("I didn't know" is not an acceptable excuse). Included in the handbook packet, you should find:

- Band Camp Information
- Tentative summer/fall schedule: rehearsals and performances
- General information regarding the marching season
- Forms (Code of Conduct, Health, etc.)

I am truly excited about the possibilities of this upcoming year. I feel that with the direction we continue to head, students will have many positive experiences in the marching band activity. The enthusiasm and excitement that I see already is uplifting and encouraging. As with any activity that is as intense and goal-oriented as a competitive marching band, we are sure to face many frustrations throughout the season. However, I am confident that if we all work together (not against) and help each other along the way, we will overcome any obstacle(s) placed before us and continue to strive for excellence in all we do.

If you have any questions or concerns that arise throughout the summer or school year, please feel free to contact me at (810) 591-5535 or by e-mail at bjones@carman.k12.mi.us.

EXPECTATIONS FOR THE *BLUE BRIGADE*

The *Blue Brigade* is purely an extra-curricular activity. Students and parents have signed a “Letter of Commitment” stating the student will attend all rehearsals and performances throughout the summer and fall marching season.

Since participation in this group will not be linked to a grade for the class, active participation will be based solely on **attitude, work ethic and attendance**. Please note the “Attendance Policy” below:

Blue Brigade Attendance Policy

- Students with more than 3 “unexcused” absences from rehearsals (including summer rehearsals) may be removed from the *Blue Brigade*
 - Any absence not previously communicated with the director, or notified by parent note following the absence will be considered unexcused.
 - Absences will be excused at the discretion of the director.
- Failure to attend a performance, unless previously approved by the director, may result in automatic removal. In case of an emergency, the director must be notified by the Monday following the performance.
- Any student who misses two or more rehearsals in a given week may not be allowed to perform that weekend, unless previously excused by the director.

Attitude will be extremely important for the success of the *Blue Brigade*. This group was designed for those students who WANT to do well and succeed. *Students displaying a negative attitude towards the activity, staff and other students on a routine basis may be subject to removal from the group.*

WHAT YOU SHOULD EXPECT FROM THE STAFF

When you come to a rehearsal, you will find a staff that is eager and willing to do whatever it takes for you to understand the basic technique. We will break every detail down into its smallest form and build up from there. The instructional staff will have meetings prior to a rehearsal and set goals for that particular rehearsal. The staff also meets following each rehearsal to discuss what was accomplished and what will be the goal(s) of the next rehearsal. The staff will be organized!

WHAT THE STAFF EXPECTS FROM YOU

We expect all members of the *Blue Brigade* to be at least five minutes early to all rehearsals. This is to make sure that we maintain our agenda for the rehearsal and to get you focused on what you need to do. This is what we call a “quality” rehearsal vs. a “quantity” rehearsal.

We expect that when a rehearsal is about to begin, you are in the assigned block or arc ready to focus. This means that you have come to rehearsal on time, mentally ready to

perform, with all equipment and in proper attire for rehearsal. All restroom issues should be taken care of prior to rehearsal. This is not to say we will not let you go to the restroom, but we are not going to make a habit of leaving a rehearsal and you losing valuable rehearsal time.

We expect you come to rehearsal excited with enthusiasm and hyped for a great rehearsal. We want you to enjoy coming to rehearsal!

WHAT TO WEAR AND WHAT NOT TO WEAR

The staff wants you to be as comfortable as possible for those long hours of rehearsal. However, the following is a list of approved clothing for rehearsal:

- Low-cut tennis shoes (must wear)
- Socks (must wear)
- Shorts / Pants / Jogging Pants / Sweatpants
- Hat
- Gloves (Silver instruments)

THESE ITEMS WILL NOT BE WORN AT A REHEARSAL

- High-top Tennis Shoes
- Sandals / Flip-flops
- Baggy Shirts: The staff must be able to see your hips, so tuck in your shirts!
- Baggy pants: If your pants are impeding your ability to march and perform correctly, you will be asked to change. Make sure you have a belt if needed!

WHAT YOU SHOULD BRING TO EVERY REHEARSAL

- Your Brain
- Instrument / Equipment
- "Dot Book" and drill folders
- Pencil w/ Eraser
- Water
- Hat
- Music / warm-up notebooks
- Enthusiasm!

VOCABULARY LIST

In order for everyone to be on the same page, the following vocabulary list will be used during rehearsals throughout the season:

- **"Set"**: Instruments are up; Feet are placed in the correct position to start the next move.
- **"Reset"**: Members will have 10 seconds to be in his/her spot and ready to begin.

- **“Check”**: Members are to move his/her head to see what he/she did correctly or incorrectly, but are **NOT** to move his/her feet.
- **“Adjust”**: Members move quickly and get in the form.
- **“Set Dot”**: Members will mark off his/her position on the field.
- **“Stand-By”**: Your feet are together and instrument in rest position. You are mentally alert and ready for your next instructions.

REHEARSAL ETIQUETTE

In order to have the most productive rehearsals possible, the instructional staff has established guidelines for etiquette during rehearsals. At no time do we wish to convey a “boot-camp” type atmosphere, but these few guidelines are absolutely necessary to avoid wasting time and lack of concentration.

- Due to the large arena in which we work, it is essential that the majority of the talking is limited to the staff. Corrections and instructions will come from the top of the stands first, and then from the field staff. The Drum Major on the podium will repeat the instructions. Questions are expected and encouraged under proper circumstances; simply raise your hand.
- After drill has been taught, you will end movement of a set with your feet apart in the first count of the next move; this is called “Plus One”. This ensures a proper check of the change of direction technique. You will hold that position until the Drum Major says to “Check”. “Check” means to look both ways with your equipment in performance position for corrections that need to be made. Then you will be given the command “Adjust”. “Adjust” means to fix what you see to be incorrect, but do not physically mark off your dot. Then you may be given the command “Set Dot”. “Set Dot” will be the command used to physically step-off your individual dot, and then adjust. When you have set your dot and adjusted to fit the form, you will immediately go to “Stand-By” with your eyes to the box. All performers will do this in silence so that directions and instructions can be given to you from the staff.
- Instruments will come up to proper playing position when the Drum Major’s hands go up; they will go down to carry position only when the Drum Major’s hands are down. You are expected to move quickly to each set. Walking or “slugging” wastes TOO MUCH time.
- **You are expected to have your Dot Books on you at all times during rehearsal.** Make sure that you have a pencil with you so you can mark changes in your Dot Books.
- When you are given a break, please take it! Do not play your instruments during scheduled breaks. You need to drink water at every break!

- Be on time! Never miss a rehearsal. If you are late or absent, you are responsible for any changes made. We will NOT alter our rehearsal schedule so you can learn what you missed; we will march your hole if it is cleaner.
- Leave whatever you need or whatever you bring with you (water bottles, jackets, sweatshirts, etc.) at the front of the field (NOT in the PIT area) during rehearsals for easy access. Once rehearsal begins, no one is permitted to leave the field unless given permission by a staff member. Here's a hint: Go the bathroom before rehearsal!
- If you do not understand the information begin given to you, then we expect to see your hand raised so that someone can explain the information to you. Maintaining focus is crucial in the marching band activity simply because there is so much information being shared from many different people at the same time. We do not want you missing out on important details.
- Do not second-guess the staff. If you have a problem or concern, voice it after the rehearsal is over or during a break. Do not let it affect your performance quality or attitude during that rehearsal; that would be a total waste of everyone's time. NEVER walk out of line in anger, you may not be allowed back in.

MARCHING TECHNIQUE: THINGS TO REMEMBER

- ✓ Instruments and shoulders remain squared to the front at all times (unless otherwise noted in drill instructions)
- ✓ Keeping your shoulders squared can be aided by keeping the navel as close to 45 degrees and the hips rotated during a lateral slide.
- ✓ Controlling the weight of the body and proper foot placements are the keys to flawless direction changes and spacing.
- ✓ Always roll through the center of your feet when marching forward. Always stay up on your toes with your legs as straight as possible when marching backward. Keep your upper body as motionless as possible.
- ✓ Keep your mouthpiece on your lips in proper playing position at all times. Practice how you perform!
- ✓ Having a "straight" back will help you maintain straight legs while marching. If your back is bent or posture is poor, your legs will definitely bend unintentionally.
- ✓ Always be aware of the people around you. Do not become lost in your own little world of what you perceive to be perfect marching.
- ✓ Stay relaxed. As a general rule, tension is your enemy!
- ✓ Practice with a metronome! Mark Time while you practice!
- ✓ Derive a sense of satisfaction when a marching maneuver is executed well, and strive to make it better when it is not.

SUMMER REHEARSALS FOR *BLUE BRIGADE*

Pre-Camp Rehearsals

There will be four Pre-Camp Rehearsals:

- Monday, July 21
- Tuesday, July 22
- Wednesday, July 23
- Thursday, July 24

All rehearsals are from 6:00pm to 9:00pm. Attendance by all members is required.

BAND CAMP (July 28 – August 2)

- **Camp is mandatory:** If you are member of the *Blue Brigade*, you are required to attend band camp. Please make proper arrangements for work schedules, vacations, etc. to avoid any conflicts with our camp dates. If there is a conflict, please contact me ASAP.
- **Central Michigan University:** Band camp will again be held on the campus of Central Michigan University in Mt. Pleasant. CMU provides the perfect setting for a band camp. Equipped with numerous football fields, practice areas, dorms for housing and the opportunity to perform at CMU's Stadium makes it a great place to spend the week.
- **Cost:** The cost for camp is **\$285.00**. Students should be making payments. All money must be paid by July 24, 2014. This cost includes housing, food, transportation to camp, a t-shirt and a Uniform Cleaning fee. *All participants must provide his/her own linens (sheets, pillow, towels, etc.) for camp.*
- **Extra Money:** Students will have the opportunity to order pizza following the evening rehearsals. There are vending machines that are available for use in the lobby area of each dorm building. Students may have the opportunity to visit the campus bookstore if they choose. We are on the south end of campus, so students will have the opportunity to visit the 7-Eleven following rehearsals (only if accompanied by an adult).
- **Transportation:** Students will be transported to camp by school bus the morning of July 28. *Students will need to be picked up by a parent from camp following our performance on August 2.*
- **Chaperones:** All chaperones are parents or guardians and are over the age of 25. As always, we welcome anyone who wishes to come to camp with us. *There is a \$100.00 fee for chaperones to attend camp.* Please let me know ASAP if you will be able to help out this year in any way.
- **Rooming List:** Students will have the opportunity to sign up for rooms (4 people per suite). The director has the right to re-assign rooms if necessary.

- **Performance:** We will be doing a final camp performance at Kelly Shorts Stadium on the campus of Central Michigan on Saturday, August 2. Details of the performance will be distributed as soon as everything is set in place.
- **Medications:** We will collect all medications (even if your parent is a chaperone at camp) at the Parent Meeting. Medications will be disbursed as needed by our staff nurse. We will also have a full supply of Motrin, Tylenol, band-aids and other first aid supplies. Please do not send any OTC medications with your child.
- **Emergency Contact:** In case of an emergency, parents can contact us at (989)774-6748. All contact information will also be left with the main office at the high school (591-3240).

Mandatory Parent/Student Meeting for Band Camp

- **When:** Sunday, July 27, 2014 @ 5:00pm
- **Where:** Carman-Ainsworth High School
- **Why:** To explain student guidelines, responsibilities and general information. We will also be searching luggage and bags and packing them for transport. Please keep all medication out of your luggage to turn into the nurse at the meeting. Also, all forms and payments must be turned in at this time!

Each student is allowed:

- 1 suitcase (must be able to carry yourself)
- 2 Fans per suite
- 1 cooler per suite
- 1 carry-on (take on bus in the morning)
- Instrument / music / etc. (packed on Blue Bus)

(all bags will be searched before loading)

IT IS MANDATORY THAT ALL STUDENTS AND PARENTS/GUARDIANS ATTEND THIS MEETING. PLEASE PLAN ON ATTENDING!

Outside Rehearsal Supplies (responsibility of student)

- Sunscreen!!! Most all of our rehearsals will be outdoors. Please protect yourself!
- Hats and sunglasses
- Water Bottle. You must have your own water bottle at each rehearsal. You need lots of water to stay healthy during the hot days at camp.
- Rehearsal attire must be school appropriate. No spaghetti straps, halter tops, bathing suit tops or sports bra tops will be allowed during rehearsals. All students must wear shirts at all times. **Shoes and socks are required at all rehearsals. Shoes must tie; sandals will NOT be allowed.**
- At least 4 field markers are required. Markers should be flat and durable (they will be stepped on) [poker chips, thin coasters, air hockey pucks, etc.]. All markers must be identified.

- MANY PENCILS!!!
- Music Binder – we are trying a different approach this year by NOT using flip-folders. All students must have a three-ring binder with plastic sheet protectors for music.
- Music – all members must have all music selections for the 2014 marching season as well as any warm-up materials which have been distributed.
- Dot Books – durable, miniature notepad or notebook that will be used to contain the necessary information from each page of your drill charts.
- Drill Charts – all members are responsible for having his/her drill charts at each rehearsal. Three-ring binders and plastic sheet covers (may use the same binder as music) are great for organizing drill charts. There is a replacement cost for any extra copies.
- Instrument Supplies (reeds, valve oil, sticks/mallets, etc.)

DRILL CHARTS AND DOT BOOKS

- Dot Books are miniaturized versions of the drill that will be carried by each member while on the football field. You need to have durable, miniature notepad or notebook that will be used to contain the necessary information from each page of your drill charts.
- Your dot book must be structured in such a way so that both you and/or a staff member can read it easily and comprehend what you need to do during any given set of drill. It also must be designed to handle the elements, as rain and sun can do some damage.
- Your dot book will be a reference at all times, and will be required at every rehearsal.
- Devise a way to keep your book on you during rehearsal (shoelace, string, etc.)
- In addition to your dot book, you must always have a pencil with you during rehearsals to mark changes in your drill.
- Each page of your Dot Book should have the following information recorded in order to aid in the understanding of the drill:
 - Page Number
 - Counts to the set
 - Coordinates
 - Interval ... ALWAYS know your interval!
 - Dress Point
 - Corresponding music measures, rehearsal numbers/letters, etc.
 - Picture of form
 - Subsets (if applicable)
 - Any special instructions (equipment moves, body movements/facings, etc.)

Other Supplies for Camp

- Linens: students must provide all his/her own linens (sheets, towels, etc.)
- Personal supplies (toothbrush, toothpaste, deodorant, etc.) Girls: remember to bring your feminine hygiene products! We do not want to make multiple trips to the drugstore as in years past!
- Clock – keeping track of time is a student responsibility. DO NOT BE LATE!
- Non-perishable foods for the dorm room. All food and drinks must be packaged in their original wrappings. NO HOMEMADE FOOD!!
- 2 box fans per suite
- One cooler per suite
- One portable stereo per suite
- Money for pizza and pop in the evening (optional)
- Extra clothes. It may rain...we march rain or shine!

BAND CAMP GUIDELINES

REHEARSALS

One of our main objectives of the week is to learn the music and drill for the show. All students need to be prepared for every rehearsal. The following is a list of items that are required for every rehearsal. It is recommended that you put together a rehearsal bag to keep all your items together.

1. Music Binder
2. Drill Book / Dot Book
3. Water Bottle
4. Hat, Sun Glasses, Sunscreen, etc.

FREE TIME

Each day, free time will be given during the afternoon to help get students out of the heat of the day. During this time, students should relax and have fun. The time is yours ... be safe and enjoy!

EVENING ACTIVITIES

Each night after rehearsal, an evening activity is planned. The purpose of these activities is for us to grow and bond as a family. For this reason, all students are required to attend all evening activities.

HEALTH & WELL BEING

It is very important that you are in peak physical and mental fitness to be successful in this activity. It is imperative that you take care of yourself both on and off the field. The following is a list of items that you should do:

1. **EAT** – You are burning lots of energy all day. Food is your fuel. You need to eat during every meal. Even if you are not hungry, you should try to eat something. FYI... candy is NOT a meal ☺
2. **WATER/HYDRATION** – This is the #1 reason performers get sick during camp. You need to drink water all the time, all day long. During rehearsal, when a water break is given, you should drink as much water as possible. A good rule of thumb is ... if you do not have to go to the restroom, you are not drinking enough water. We can not stress this point enough.
3. **FEET** – It is very important that you take care of your feet. Tennis shoes and socks will be worn at every rehearsal. Socks will keep your feet dry and help keep blisters from forming. Shoes or flip flops need to be worn at all times when off the field during camp (free time, evening activity, etc.). If you step on something and cut your foot, you will not be able to perform with the group.
4. **HAT & SUNBLOCK** – The band is in the sun for a majority of the day during camp. A hat is highly recommended at every rehearsal to keep the sun off your head. This also will help keep the sun out of your eyes. Sun Block is highly recommended. There is nothing worse than a bad sun burn on Monday that will last all week! Students should also consider the use of chapstick with SPF to protect lips – especially brass players.
5. **ILLNESS** – If you become ill, you need to notify a chaperone, staff member or director as soon as possible. Our goal is to get you back into the schedule as soon as possible. If you are too ill to attend rehearsal, you will be required to rest in your room during free time and/or evening activities.
6. **REST** – You are likely doing more physical activity during camp than you have done all summer. It is important that you get enough sleep to be productive the next day. Take advantage of the free time to take a nap. Also, when lights are out in the evening, go to sleep. You can get eight hours sleep a night if you choose.

PUBLIC DISPLAY OF AFFECTION

Band camp is not a date. If you choose to spend your free time or evening activities together, that is fine. You should never venture off to spend 'special time' together alone with your better half. Public Display of Affection will not be tolerated at any time. A good rule of thumb is: anything other than holding hands is considered PDA.

DRESS CODE

Band camp is a school function and we must abide by the school dress code. If you have any questions on this topic, refer to the CAHS Student Handbook.

DISCIPLINE

Students who choose to break a rule are subject to discipline. If it is a minor offense, students may receive cafeteria clean-up duty, field clean-up, or loss of free time / social time, etc. Major offenses will result in being sent home from camp with no refund, and could result in being removed from the organization. All disciplinary actions will be administered by the director(s) and/or school administrators only.

CHAPERONES

Without the tireless efforts of our volunteer group of parents, we would not be able to do what we do. Chaperones are to be treated with the highest respect. Always do what is asked of you by a chaperone and never question them. If you have a problem with what they are asking, do it first and talk to a director later. Chaperones should be treated just like staff personnel. Be sure to thank them often for all that they do for you.

CONCLUSION

Band camp is the single biggest event that will turn this band into a real team. Take some risks and get to know some new people. Be proactive and not reactive. You will be tired and may get frustrated. If you feel this way, it means you are normal. If marching band was easy, everyone would do it ☺ NEVER GIVE UP! Chances are you may not get new concepts the first time, but keep trying until it happens; you will eventually get it.

POST CAMP REHEARSALS

- The *Blue Brigade* will begin Monday/Tuesday/Thursday evening rehearsals (6:00pm to 9:00pm) on August 4th, following camp. All rehearsals prior to the beginning of school will be held at CAHS.

GENERAL MARCHING BAND INFORMATION

- Monday/Tuesday/Thursday rehearsals (6:00 to 9:00pm) for *Blue Brigade* will begin August 4th, following camp. All rehearsals prior to the beginning of school will be at CAHS. Beginning September 2, all Tuesday rehearsals (6:00pm to 9:00pm) will be held at CA Middle School at the stadium (weather permitting).
- We will do our best to begin each rehearsal promptly at 6:00pm. Each rehearsal will end by 8:00/9:00. Please arrange for transportation. It is not fair to the staff to have to wait extended lengths of time for students to be picked up from rehearsal.
- All Saturday competition times will be announced as soon as performance time information is received from the host school. Please purchase your tickets from the CA Bands so we can recoup our entry fee.
- All students will be assigned bus loading and unloading responsibilities. Place your instrument on the Blue Bus at your own risk. The school, band, and directors are not responsible for damage to your instrument while on the Blue Bus. We do our best to insure the safety and well-being of all items.
- You are a very visible representation of the Carman-Ainsworth Community. Please remember this at all times throughout the season. Public Displays of Affection in uniform or other poor behavior choices will not be tolerated.

MARCHING UNIFORMS

Uniforms are to make us look like a group. The whole purpose of uniforms is to eliminate individuals and put emphasis on the group. The group is more important than the individual while in uniform. The following rules are not meant to cramp your style, but to show respect for all those individuals in the past that got you where you are today. You will not be able to perform if you do not follow the uniform code. Students will be responsible for all of their own uniform parts. There is a replacement cost for any uniform part that is lost or damaged due to misuse. *In addition, we have included a \$10 uniform cleaning fee into the overall cost of marching band.*

- **Uniform Jacket:** all members will be fit prior to first performance and assigned a jacket
- **Uniform Pants:** all members will be fit prior to first performance and assigned uniform pants
- **Gauntlets:** each member will be assigned two gauntlets to be worn one on each arm. Please keep these together at all times when not being worn.
- **Shako:** each member will be assigned a shako (hat) to be worn with the uniform. You are responsible for keeping track of both your shako and the storage box.
- **Plume:** plumes will be distributed and collected by parents/staff prior to and following each performance. In the case of inclement weather, we will not wear plumes
- **Rain Jackets:** These will be worn in the stands during inclement weather.
- **Black Marching Shoes:** all members must wear the same style marching shoe. If you do not already own a pair, you must purchase a new pair for this year (see order form). If you would like or need a new pair, please order them soon.
- **Black Socks:** all members **MUST** have black crew length socks or they will not perform.
- **Black Gloves:** all members except Percussion and Guard will be required to wear black gloves (see order form). Drum Majors will wear white gloves.
- **Underwear:** all members must wear underwear that is form-fitting such as briefs, boxer briefs, or other garments made out of spandex-type material. Regular boxer shorts, jeans, etc. disrupt our uniforms' trim look and fit. We do not want "unsightly bulges!"
- **Undershirts:** members should wear spandex shirts such as Under Armour (or similar), thin t-shirts, or tank tops (no sweatshirts or turtlenecks) under their uniform (must be black in color).
- **Storage:** garment bags are for storing uniform parts **ONLY!** (no shoes allowed!!!)

UNIFORM CODE: GENERAL RULES

- No make-up will be worn at any time.
- No earrings, eyebrow, or face piercing will be worn at any time.
- Hair will never touch the collar of the uniform. Find an easy way to wear your hair so that you can put your hat on and off easily.

- Your uniform should never be left lying around; it is either on the hanger on the uniform rack, or on you. Never leave your uniform unattended.
- Everything we do in uniform will be in unison.

SHOES / SOCKS

- All shoes must be polished and free of dirt before every performance. This needs to be done before you get on the bus.
- Long black socks are the only socks permitted to be worn with the uniform. A performer will not perform without the proper uniform.

JACKETS

- Uniforms are either on or off. Never wear your uniform jacket hanging half off. Either the jacket is zipped up or folded neatly in your left hand.
- The entire band has their uniform on or off, not individuals or sections.

HATS

- Hats are only to be worn the correct way. Never turn your hat around backwards, sideways, etc.
- Plumes will be given to you just prior to your performance and taken back soon after. Plumes are VERY expensive and should be handled as little as possible.
- All hair needs to be a length that is not touching the collar of the jacket. Either get a hair cut or pin up your hair.

FORMS

The attached forms need to be completed and returned by the final Pre-Camp Rehearsal (July 24):

- Band Camp Code of Conduct
- Health Forms
 - CA Health Form (kept for our records for all field trips) [ALL Members]
 - CMU Liability Form
- Supply Order Form
- Parent Release Form
 - This must be completed prior to camp. Students will not be released to any other adult at camp without this form being completed.
- Ford Field Liability Forms (for State Championship participation)
 - This is required of all participants at Ford Field
 - Please do NOT sign under the “Witnessed By” section; I will take care of this upon the return of the form

2014 Performance Schedule (Tentative)

July 21 – July 24	<i>Marching Band Pre-Camp Rehearsals (6:00pm – 9:00pm)</i>
July 28 – August 2	<i>Marching Band Camp @ CMU</i>
September 6	<i>Rehearsal Day (9:00am – 3:00pm)</i>
September 12	Home Football Game
September 19	Home Football Game
September 20	<i>MCBA Competition (Novi)</i>
September 27	<i>MCBA Competition (Milford @ Lakeland)</i>
October 3	Home Football Game
October 4	<i>MCBA Competition (Lamphere)</i>
October 11	<i>MCBA Competition (Plymouth-Canton)</i>
October 17	Homecoming Parade & Game
October 25	<i>MCBA Competition (Huron Valley Invitational)</i>
November 1	<i>MCBA STATE CHAMPIONSHIPS @ FORD FIELD</i>

(We will perform at all home playoff games)

Marching Band Summer Rehearsal Schedule

- July 21 – July 24 Pre-Camp Rehearsals (6:00pm – 9:00pm)
- July 29 – August 3 **Marching Band Camp @ CMU** [Monday – Saturday]

(Following Band Camp)

- Monday, Tuesday and Thursday rehearsals will begin on August 4 and will run from 6:00pm to 9:00pm. All rehearsals will be at the high school until school begins.
- Once School Begins (Mon/Thurs @ HS; Tues @ Stadium):
 - Mondays 6:00pm – 8:00pm
 - Tuesdays 6:00pm – 9:00pm
 - Thursdays 6:00pm – 8:00pm

Carman-Ainsworth Blue Brigade
CMU Marching Band Camp
July 28 – August 2, 2014
Camp Code of Conduct
Rules and Regulations

1. This is a school related activity – Code of conduct violations will apply for band camp and the entire marching season.
2. Use and/or possession of alcohol/drug/cigarettes/tobacco, etc – will result in an immediate removal from CMU.
3. CMU Property – Damage or malicious destruction of CMU property will result in removal from camp. This will also jeopardize our return to CMU 2015
4. Leaving University Ground – There are two areas that you are allowed in: practice fields and the Dorms. Anyone who leaves without permission from Mr. Jones will be subject to disciplinary action. For those parents visiting the campus, please do not ask to take your child out to eat. This will disrupt our schedule and is not fair to other band members.
5. Boys and Girls Rooms – Boys are not allowed in girls' rooms, girls are not allowed in boys' rooms. THE UNIVERSITY WILL SEND HOME ANY STUDENT FOUND ON THE WRONG FLOOR. If you need to talk to someone, use the lobby as a meeting place. CMU will also be monitoring this through the entire night.
6. No refrigerators, TV's, swimming pools or air conditioners – These items are not allowed in the dorm.
7. Phone: There will be no phones in the dorm rooms. Chaperons will have phones and there will be a phone to use at the main desk. Student may bring cell phones, however they may only be used in the evening after rehearsals. Cell phones being used during rehearsals will be taken by staff and returned at the end of camp.
8. Linens and Keys – Each student is responsible for these items. There will be a \$50 charge to a student who loses their key. There is also a fee for lost linens.
9. Doors and Screens – Students will be required to pay in full for any damages done to their rooms. The fine for a damaged screen is \$50.00 and the fine for damaged doors is a minimum of \$150.00. Think before you damage school property.
10. Boom box/Stereos- one stereo per room. However individuals can bring compact CD players with headphones.
11. Saturday Performance: TBA

I, _____, have read the above rules and regulations and understand the consequences of the Code of Conduct.

I FURTHER UNDERSTAND THAT VIOLATIONS OF THE RULES MAY RESULT IN THE IMMEDIATE REMOVAL FROM BAND CAMP.

Student Signature _____

Date _____

Parent Signature _____

Date _____

(Return by **July 24, 2014**)

Supply Order Form

Student Name _____

Grade _____

Black Marching Shoes (\$25 pair) Size _____ Total \$ _____
(Please indicate if you need a wide size)

The Marching Shoes we order are specially designed to help promote proper posture and marching technique. They also help to prevent blisters and other foot problems. These shoes are very important as they are part of the official uniform.

* Members of the Color Guard will purchase separate shoes than the band members. This information will be available once the uniform design is solidified.

Black Uniform Gloves (\$5 pair) Size _____ Total \$ _____
(S, M, L, XL)

**All students using silver instruments need gloves for rehearsals as well*

Total \$ _____

Check _____

Cash _____

Account _____

*This form and payment is due by **July 24, 2014***

Parent Release From Camp

(please fill out only if your child is leaving camp with another adult)

Student Name(s): _____

Person(s) who will be picking them up from camp on August 2, 2014:

Relationship to student: _____

I understand my student will only be released to the above person. This form must be returned by **July 24, 2014**.

Parent/Guardian Signature: _____

Date: _____

Student Health History

Student's Name (*Please Print*) _____

Male/Female (*Circle one*)

Age _____ Date of Birth _____ Social Security Number _____

Home Address _____

Home Telephone _____

Name of Parent/Guardian with whom the student resides _____

Daytime phone _____ Dad Mom Other _____
Please specify

Daytime phone _____ Dad Mom Other _____
Please specify

Cell phone _____ Dad Mom Other _____
Please specify

Cell phone _____ Dad Mom Other _____
Please specify

Notify in emergency if unable to reach parent: _____
Name Phone

Name of Family Physician _____ Phone _____

Health Insurance Company _____

Subscriber's name _____

Relationship to Student _____

Policy/Contract numbers _____

Plan phone number (*If pre-authorization is required for care*) _____

Health History

Please check all that apply:

____ Have had surgery

____ Have been hospitalized

____ Have been dizzy during or after exercise

____ Have passed out during or after exercise

____ Have had a head injury

____ Have been knocked unconscious

____ Have had a seizure

____ Have been dizzy or passed out in the heat

____ Have been diagnosed with a heart problem

____ Have had hypoglycemia-diagnosed by MD

____ Have sprained, dislocated or broken any bone or joint

If you checked any of the conditions listed above, please explain: _____

Health Record

Please check all that apply:

- | | |
|---|--|
| <p>___ Overall good health</p> <p>___ Chronic/recurring illness</p> <p>___ Current infectious disease</p> <p>___ Allergies (drug, food, insect, latex)</p> <p>___ Recent injuries</p> <p>___ Mental/emotional conditions</p> <p>___ Behavioral conditions</p> <p>___ Conditions that may affect participation (e.g. orthopedic problems, back, neck injury, hearing or vision limitations)</p> <p>___ Conditions being currently treated by a physician</p> | <p>Immunizations:</p> <p>Most recent Tetanus _____</p> <p>Polio _____</p> <p>MMR (Measles, Mumps, Rubella) _____</p> <p>Hepatitis B <u> </u>^{1st} <u> </u>^{2nd} <u> </u>^{3rd}</p> <p>Do you wear contact lenses? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> |
|---|--|

If you checked any of the conditions listed above, please explain: _____

Prescription Medications: _____
Name of Medication Reason for taking

Prescription Medications: _____
Name of Medication Reason for taking

Over-the-counter Medications:

May the nurse administer over-the-counter medications if needed? Yes No

Please list any OTC medications you **do not** want given to your student: _____

1. All medications brought by the student (*prescription and over-the-counter*) must be given to the nurse at check in.
2. The nurse stocks most common medications such as Tylenol and cold remedies, so it is not necessary to bring them.
3. All medications must be in the original container, be prescribed for the student, and include clear and current directions.
4. In signing this document, I hereby certify that the above information is correct. In the event that I cannot be reached in an emergency, I give my permission to the physician selected by the Carman Ainsworth Staff to provide necessary and emergency care to my son/daughter.
5. **HIPPA** regulations require us to have your permission before disclosing any health information you give us. If we feel that any of the conditions you have indicated on this form would be good for the nurse or chaperon to know to help your child have a good week, may we disclose that information to them?
 Yes No

Signature of Parent/Guardian _____ Date _____

Signature of Student _____ Date _____

Band Camp

Name of Camper: _____ DOB: _____
(Please Use Legal Name)

Camper's Address _____ City _____ State _____
Zip Code _____ Phone Number _____

Consent to Treat and Waiver of Liability Release

List any medical conditions that camp personnel should be aware of: (PLEASE USE ADDITIONAL PAGES AS NECESSARY) _____

List any medication currently taking: _____

List any allergies: _____

In case of emergency, please contact:

Primary Contact Person _____ Daytime Phone _____ Cell Phone _____

Secondary Contact Person _____ Daytime Phone _____ Cell Phone _____

Medical Insurance Company _____ Insurance Policy Number(s) _____

Phone Number of Insurance Company _____

I hereby give my permission for CMU sports medicine staff athletic trainers, Central Michigan University Health Services, and McLaren-Central Michigan Hospital to provide any needed medical treatment for my son/daughter while he/she is attending the camp. I specifically, give my permission for necessary and emergency care to be given to _____ (name of camper) by McLaren-Central Michigan Hospital and other medical treatment providers. I attest that my son/daughter has had a physical within the last twelve months and that the physical disclosed no medical conditions, other than those listed above, that would make participation in this camp a risk.

I hereby acknowledge that participation in this camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury. I, on behalf of my son/daughter, hereby assume all such risk. I hereby release and agree to hold harmless CMU, its Board of Trustees, students and employees from all claims, actions, damages and liabilities for personal injury or damage relating to or arising out of any camp activity except where the injury or damage is caused by the gross negligence of the university's employees.

Signature (Parent or Guardian) _____ Date _____

Photographic Release Form

I, the parent or legal guardian of a child participating in Band Camps/s sponsored by Central Michigan University ("CMU"), hereby authorize CMU and those acting pursuant to its authority to: (a) Record my child's likeness and voice on a video, audio, photographic, digital, electronic or any other medium; (b) Use my child's name in connection with these recordings; (c) Use, reproduce, exhibit or distribute in any form (e.g. print publications, video tapes, CD-ROM, Internet/WWW or any other form now or hereafter developed) these recordings for any purpose that CMU, and those acting pursuant to its authority, deem appropriate, including promotional or advertising purposes. I understand that all such recordings, in whatever medium, shall remain the property of CMU.

Signature (Parent or Guardian) _____ Date _____

CMU is not responsible for lost or stolen property

FORD FIELD

WAIVER OF LIABILITY

It is understood that participation in the Michigan Competing Band Competition (the "Event") November 1, 2014 (Date) has inherent dangers. In consideration for the opportunity of _____, a minor (the "Minor"), to participate in the Event, I (we) the undersigned parent(s) or guardian of the Minor, hereby expressly release and forever discharge, on behalf of the Minor, the undersigned and their family, heirs, assigns and personal representative, all participating groups and other persons, including Ford Field Management, LLC, Ford Field Condominium Association, Ford Field Management Company, Ford Field Enterprises, DLI Properties, LLC, DLI Properties, Inc., DLI Management, Inc., DLI Parking, LLC, DLI Office Realty, LLC, DLI Entertainment, LLC, DLI Parking Realty, LLC, The Detroit Lions, Inc., Detroit Lions Charities, Detroit Lions Properties, FFP Investment Company, LLC, S.A.F.E. Management, LLC, City of Detroit, Downtown Detroit Development Authority, Detroit/Wayne County Stadium Authority, Wayne County, and their respective officers, directors, board members, employees, councilpersons, contractors, and agents (collectively, the "Released Parties") from any and all claims, damages and costs arising from or related in any way to the Minor's participation in the Event and/or the Released Parties' negligence, including, without limitation, any bodily and personal injuries, however caused.

The undersigned understands that the Event is intended for all those in good physical health and that those with serious health conditions (such as heart problems, physical ailments, arthritis, etc.) are advised not to participate in the Event. By signing this Waiver of Liability ("Waiver"), the undersigned represents that the Minor has no serious health problems and that the Minor can safely participate in the Event. The undersigned further understands and agrees that the undersigned is responsible for supervising the Minor during the Minor's participation in the Event.

The undersigned agrees not to sue any of the Released Parties for any matter released under this Waiver and to pay the Released Parties' attorneys' fees and costs resulting from a breach of this Waiver by the undersigned. The undersigned further agrees that if anyone else, including the Minor, sues any of the Released Parties related to Minor's participation in the Event, the undersigned will indemnify and hold harmless the Released Parties against all damages, costs and their attorneys' fees.

The undersigned expressly agrees that this Waiver is intended to be as broad and inclusive as is permitted by law. If any portion is held invalid, the balance shall continue in full force and effect.

WITNESSED BY:

PARENT(S) OR GUARDIAN

(Adult)

DATE:

DATE:
